

PMI Belgium Annual Congress

6 October 2017

Project Manager Compass



Embracing the dark & light sides
of your inner force

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Speaker's Introduction

⊗ Mieke Bruneel

☀ freedom

☀ Wood, wood, earth

☀ Alchemy, humor, art,
challenge, consciousness,
nature, full potential,
being, wholeness

⊗ Christophe Vandecaveye

☀ love

☀ earth, fire, metal

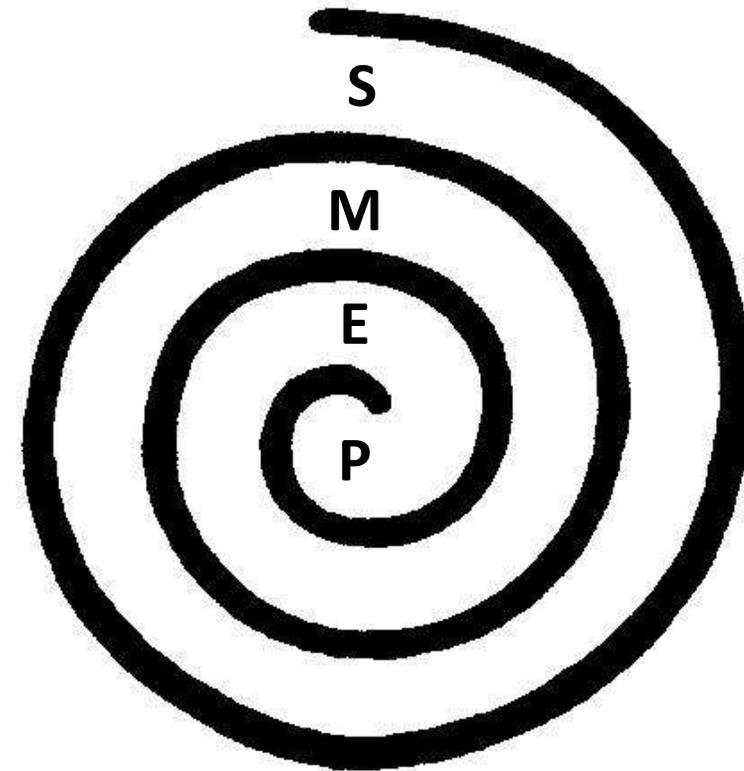
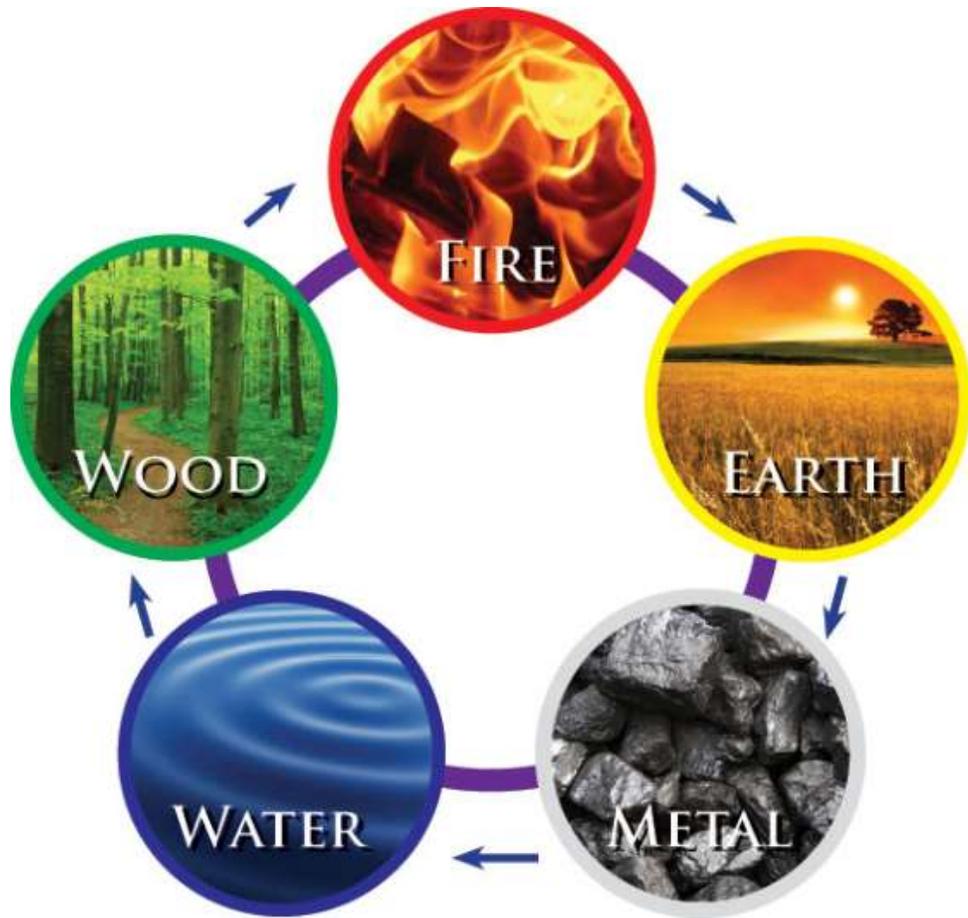
☀ leadership, project,
program, change, life,
love, alchemy, human,
humor, integrity, passion

Content

- ⚓ 5 elements & 4 dimensions
- ⚓ Discovering the 5 elements
- ⚓ Exploring the 4 dimensions
- ⚓ Real life cases
- ⚓ Take aways



5 elements & 4 dimensions



Discovering the 5 elements

	WOOD	FIRE	EARTH	METAL	WATER
Wind Direction	East	South	Centre	West	North
Season	Spring (wind, thunder)	Summer (heat)	Indian Summer (humid)	Fall (drought)	Winter (cold)
Favorite destination	Woods Fields	Sun Light	Home	Mountains Lake	Seaside River
Human Cycle	Birth (0-14)	Puberty/Young Adult (14-30)	Adulthood (30-50)	Elder (50+)	Death

Exploring the 4 dimensions

- ⊗ Physical
 - ⊗ The art of relaxation
 - ⊗ Awareness of energy & stress points in your body

- ⊗ Emotional
 - ⊗ Decision making under pressure
 - ⊗ Masks : wearing & revealing them

- ⊗ Mental
 - ⊗ Decision making in circumstances of insecurity
 - ⊗ The Mental Illusion

- ⊗ Spiritual
 - ⊗ Spiritual connection with self, others & the elements of nature
 - ⊗ The art of meditation

Real life cases

⊗ Insecurity

4 CASES

⊗ Anger

4 GROUPS

⊗ Euphoria

4 DIMENSIONS

⊗ Pressure

FIND YOUR INNER 4's

Insecurity

⊗ Situation

You are leading a research project that could drastically change the way in which people can recover from cancer. All is going well until some shades of insecurity came covering your project : the funding is at risk because of conflicting lobbying interests, experts' focus is drawn away from the project, your main researcher got struck by cancer and it is still not sure whether the next milestone of intermediate results will be achieved in time.

⊗ Question : what will you be reporting on your next SteerCo ?

Anger

⊗ Situation

You just left the board meeting of your project more than a bit mad. You presented your scope-time-cost-risk-change status professionally as always but one of the board members pushed the board towards a decision that is not the one you preferred and suggested. The anger you feel for this act of injustice is now spreading quickly all over : you are still mad at your board, your team is mad at you & your client is getting mad at your team ... meanwhile the weather is bad.

⊗ Question : what's your next move ?

Euphoria

⊗ Situation

You had a hard time hitting your first major milestone but you made it. Feelings euphoria are overwhelming your team. All those sleepless nights were worthy ! True, you consumed a bit more budget than estimated and there is still some minor fixing here and there to get to the expected quality levels but hey, you made it, let's party and celebrate and take some rest, right ? Then your auditor asks how you will be handling your next milestones ...

⊗ Question : what will your answer be to this party breaker ?

Pressure

⊗ Situation

Your product launch is going just great : within plan & budget and all scope verifications & quality tests are more than OK ! Then all of a sudden your sponsor comes out to see you and tells you the launch needs to be replanned 6 months ahead of the original schedule due to accelerated market demand and rumours from potential competitors. Your sponsor trusts you can do it, already announced it to some of your team members while passing them at the coffee machine and he has already planned the press conference ...

⊗ Question : what's your plan ?

Take aways

- ⚓ Your Self 😊
- ⚓ Your inner force
- ⚓ Your inner peace
- ⚓ Practical links to “PM” reality
- ⚓ What else ? Tell us ...



" What did you take away from the meeting ? "

and look
for the
experience

This new

of farm